

Session Plan

Age group: _____ Date and Time: _____

Your name: _____ Today's topic: _____

Your co-teacher's name: _____

0/ "Set the stage" (display, gathering activity, etc.)

I/ Opening _____ minutes

Attendance

Light chalice

Check-in

II/ Tell a story _____ minutes

What story will you tell?

III/ Do one or more activities to reinforce the story _____ minutes

Act it out, talk about it, draw it, make a series of drawings, make a comic book, make puppets and a puppet show, do an activity that's in the story (e.g., for a story about how Buddha introduced meditation to his followers, you could try meditating), make a video, etc.

What will you do?

IV/ Have time for free play _____ minutes

Games (Duck, Duck, Goose, etc.), Lego time, playground time, etc.

What will you do for free play? How will it build community?

IV/ Snack and socializing followed by clean up time _____ minutes

V/ Closing Circle _____ minutes

Hold hands

Say one thing you learned in this session

Say together closing words

Materials needed for class:

Preparation needed for class: